

LIFE™ ♥ HIGH

Parkour products enable active fitness enthusiasts to engage in challenging exercise at the High level of the Lappset Intensity Factor Estimation scale.

- » The Lappset parkour equipment fulfils the requirements of the EN 1176 safety standard
- » Products more than 600 mm in height need a safety surface around them

PARKOUR SOLUTIONS

Aiming at uninterrupted movement

Both novices and experienced practitioners can share the parkour areas in perfect harmony.

One of the goals of parkour is to achieve smooth, uninterrupted movement. For this reason, it is advisable to plan parkour areas in such a way that it is easy for the practitioners to find interesting routes. Our mission, on the other hand, is to distract adolescents from their electronic devices and do some physical activity outdoors. One does not need to abandon the gaming world altogether, since the same movements familiar from computer games are repeated in parkour.

The MyDesign service will help you design your area in just the right way

Lappset parkour equipment and ready-made areas have been designed in collaboration with the Finnish Parkour Academy. This collaboration guarantees that the final result really works. If a ready-made area does not feel like the right solution, you can always turn to Lappset's MyDesign service. It will consult the real traceurs to ensure that the area really meets your needs. The parkour area is suited also for those doing street workout, since the same equipment can be used for their training as well.