

LIFE™  HIGH

Lappset Pumptracks enable active fitness enthusiasts to engage in challenging exercise at the High level of the Lappset Intensity Factor Estimation scale.

LAPPSET PUMPTRACK

Suitable for every riding style

The pumptrack welcomes younger and older riders alike on bicycles, scooters, skateboards, rollerskates or wheelchairs, for example.

When riding pumptrack, or pumping, the key thing is to control your speed and trails. Pumping up and down the bumps of the track allows you to gain or reduce speed and ensure that you hit the curves at optimal speed. As your confidence and speed

increase, you can ride using different styles and even jump over some bumps. Smaller users have been taken into account in the design of Lappset's pumptracks – the lower parts of the track can be ridden at a lower speed.

Lappset's pumptrack is built using modules with a durable wooden structure. The surface of the track can be ridden in almost any weather. We offer three pre-designed pumptracks but can also combine modules to offer tracks tailored to your specific needs.